

HIGH SCHOOL MENU 2014

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	Bacon Muffins Cheese & Onion Lattice	Sausage Muffin French Bread Pizza	Bacon Muffin Cheese & Onion Lattice	Bacon Turnover French Bread Pizza	Bacon Muffin Cheese & Onion Lattice
DAILY MAIN COURSE 1 £1.77	Breakfast Panini : Cheese Toasty : Toasted Teacakes : Crumpets : Beans On Toast				
DAILY MAIN COURSE 2 £1.77	Minced Beef And Onion Pie	Chicken Fajita	Lasagne	Chicken Curry	Salmon & Broccoli Bake
SERVED WITH	Cauliflower & Broccoli Mornay	Homemade Soup & ½ Panini	Cheese & Onion Pasty	Quesadilla	Beef Burger Bap
	Mashed Potatoes Green Beans / Carrots	Wedges & coleslaw	Diced Potatoes Sweetcorn / Salad	Rice / Wedges Raita / Beans	Chips Peas / Beans
DAILY MAIN COURSE AND PUDDING OF THE DAY £2.20					
PUDDING OF THE DAY 65p - 90p	Apple Crumble & Custard	Chocolate Brownie	Trifle	Lemon Drizzle Cake	Shortbread Biscuit
DAILY SPECIAL £2.27	Chicken Balti & Rice With accompaniments	Breakfast Grill	Roast Dinner	Hunters Chicken	Battered Fish
DAILY SIDES 66p	Naan Bread	Onion Rings	Toasted Ciabatta	2 x Poppadam's	Bread & Butter
DELI BAR Individually priced	Southern Style Chicken In A Bun	Jumbo Hot Dog	Ranch Wrap	Southern Style Chicken In A Bun	Burger Bun Selection
Homemade Soup & Homemade Roll : Filled Jacket Potatoes Boxed Salads : Sandwiches : Baguettes : Wraps Pasta King Sauce Of The Day : Theo's Wrap : Panini's : Pizza					
DESSERT CHOICE 38p - 90p DRINKS 34p- 99p	Assorted Cookies : Cakes : Welsh Fruit Yogurt : Fresh Fruit				
Milk : Water : Fruit Juice : Hot Drinks					

As an alternative to the pudding in the Daily Main Course option you can choose either a piece of fresh fruit or a 200ml fruit juice

HIGH SCHOOL MENU 2014

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	Bacon Muffins Cheese & Onion Lattice	Sausage Muffin French Bread Pizza	Bacon Muffin Cheese & Onion Lattice	Bacon Turnover French Bread Pizza	Bacon Muffin Cheese & Onion Lattice
DAILY MAIN COURSE 1 £1.77	Cottage pie	Baked Sausage With Gravy	Pasta Bolognese & Garlic Bread Finger	Mini Brunch	Fish Fingers
DAILY MAIN COURSE 2 £1.77	Margherita Pizza	Macaroni Cheese	Quesadilla	Vegetable Tikka	Mushroom Ciabatta
SERVED WITH	Potato Wedges Broccoli / Carrots	Mashed Potatoes Peas / Crusty Roll	Wedges / Coleslaw	Pasta / Rice Sweetcorn / Raita	Chips Green Salad / Peas
PUDDING OF THE DAY 65p - 90p	Fairy Cake	Apple Tart & Custard	Chocolate Sponge & Chocolate Sauce	Fruit Sundae	Chocolate Krispie Cake
DAILY SPECIAL £2.27	Chicken Balti & Rice With accompaniments	Breakfast Grill	Roast Dinner	Hunters Chicken	Battered Fish
DELI BAR Individually priced	Naan Bread Southern Style Chicken In A Bun	Onion Rings Jumbo Hot Dog	Toasted Ciabatta Ranch Wrap	2 x Poppadam's Southern Style Chicken In A Bun	Bread & Butter Burger Bun Selection
DESSERT CHOICE 38p - 90p	Homemade soup & Homemade Roll : Filled Jacket Potatoes Boxed Salads : Sandwiches : Baguettes : Wraps Pasta King Sauce Of The Day : Theo's Wrap : Panini's : Pizza				
DRINKS 34p - 99p	Assorted Cookies : Cakes : Welsh Fruit Yogurt : Fresh Fruit Milk : Water : Fruit Juice : Hot Drinks				

As an alternative to the pudding in the Daily Main Course option you can choose either a piece of fresh fruit or a 200ml fruit juice