

YSGOL BRYN ALYN

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4th March 2022

Dear Parents/Caregivers,

All children in aged 8-18 years have been invited by the [Welsh Institute of Physical Activity, Health and Sport \(WIPAHS\)](#) to take part in a study looking at the effects of COVID-19 on children's mental health, well-being and physical activity levels. The study is supported by core funding from the Welsh Government.

We have attached the information sheet provided by WIPAHS to share with you to ask your permission for your child(ren) to take part. Please read the information carefully and if you are happy to take part, please click the link and complete the parental consent form. The school will be provided with a summary of the findings to help inform our action to improve children's health and well-being.

If you have any questions, please email the research team cymrukids@swansea.ac.uk as they are happy to answer any questions that you have.

<https://swansea.onlinesurveys.ac.uk/parental-consent-the-effects-of-covid-19-on-children-in-w-3>

Yours sincerely,

Mrs Slinn

Annwyl Rieni/Gofalwyr,

Mae pob plentyn 8-18 oed wedi cael gwahoddiad [gan Sefydliad Gweithgarwch Corfforol, Iechyd a Chwaraeon Cymru \(WIPAHS\)](#) i gymryd rhan mewn astudiaeth yn edrych ar effeithiau COVID-19 ar iechyd meddwl, lles a gweithgaredd corfforol plant. Iefelau. Cefnogir yr astudiaeth gan gyllid craidd gan Lywodraeth Cymru.

Rydym wedi atodi'r daflen wybodaeth a ddarparwyd gan WIPAHS i'w rhannu gyda chi i ofyn am eich caniatâd i'ch plentyn/plant gymryd rhan. Darllenwch y wybodaeth yn ofalus ac os ydych yn hapus i gymryd rhan, cliciwch ar y ddolen a chwblhewch y ffurflen caniatâd rhieni. Bydd yr ysgol yn cael crynodeb o'r canfyddiadau i helpu i lywio ein camau gweithredu i wella iechyd a lles plant.

Os oes gennych unrhyw gwestiynau, e-bostiwch y tîm ymchwil cymrukids@swansea.ac.uk gan eu bod yn hapus i ateb unrhyw gwestiynau sydd gennych.

<https://swansea.onlinesurveys.ac.uk/caniatad-rhieni-effeithiau-covid-19-ar-blant-yng-nghymru-4>

Cofion cynnes,

Mrs Slinn

